WEEK AHEAD

WEEK OF SEPTEMBER 21ST

UPCOMING WEEK

MONDAY - B Day
Uniform 1
Mass @9am with Father Beres
Hot Lunch: Corn Dogs $1

TUESDAY - A Day
Uniform 2
Volleyball Game @Guardian 4:30pm
Hot Lunch: Jersey Mikes

WEDNESDAY - B Day
Uniform 2
Hot Lunch: Chick-Fil-A

THURSDAY - A Day
Uniform 2
Hot Lunch: Panera Bread
Gaming Club at 2:45
Bingo 4-10pm
sign up: https://tinyurl.com/4bbr44nu

FRIDAY - B Day
Uniform 2
Hot Lunch: Papa John's

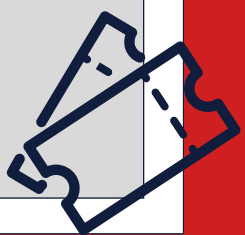
SATURDAY
20th Anniversary Gala at 6pm!!
Come join the school community for a wonderful night with dinner, dancing, a silent auction, and many celebrations. Dinner is from Renatos!

UPCOMING DATES

- **September 28th:** Shadow Day
- **September 29th:** 20th anniversary Mass with Bishop Coffey
- **October 12th:** NO SCHOOL Teacher Work Day
- **October 13th:** School Day SAT 8am
- **October 14th:** School Day PSAT 8am
- **October 14th:** End of Quarter 1
- **October 16th:** Report Cards
- **October 19th:** Picture Day
- **October 21st:** Open House 5pm
- **October 30th:** Fall Festival/Bonfire
- **November 11th:** Quarter 2 Progress Reports
- **November 12th :** College Fair @2pm
- **November 16th:** Fall Retakes

20TH ANNIVERSARY

We have approximately 25 seats remaining for our very first 20th Anniversary Gala. Please spread the word we would love to fill every seat! It is next Saturday at 6pm.
🎟 Purchase tickets:
www.saintmichaelhs.org/gala



WEEK AHEAD

WEEK OF SEPTEMBER 21ST

PTO NEWS

The PTO will be organizing more events for parents and students in the near future!

STUDENT SHOUT OUT

Shout out to our Warrior of the Month Izzy Kelly!

HANDBOOK UPDATE

Attention Parents,

The Saint Michael School Board has updated the school handbook to strengthen safety procedures within our building.

Virginia law permits students in public schools to possess a folding pocket knife with a blade of 3 inches or less. However, our School Board does not believe that allowing knives of any size on school property is consistent with maintaining a safe school environment.

Therefore, the handbook has been updated to reflect the following policy: **No knives of any size are permitted on school property.**

We appreciate your support in helping us maintain a safe environment for all of our students and staff.

WEEK AHEAD

WEEK OF SEPTEMBER 21ST

PSAT/SAT PREP!

Students should complete their weekly practice sheets each week. Sheets can always be found for the upcoming week and are due to Mrs. Baker by Friday. **The October testing schedule is posted on this week ahead!**

HOMECOMING

Happy Friday, Warriors!

The SGA has voted to host a Winter Formal on December 11th! This will give our students more time to plan a fun event and fundraise, rather than hosting a traditional Homecoming Dance this fall.

While we won't have a Homecoming Dance, we are still celebrating Homecoming and are so excited to support our football team tomorrow at 5:00 PM at Riverbend as they take the field for our Homecoming game! We hope to see lots of Warriors there cheering on our team!

Go Warriors! 💙🏈

FALL SPORTS

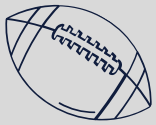
Practice Shchedules:

CROSS COUNTRY

Monday, Wednesday, Fridays
6-7:15am

FOOTBALL

Monday - Friday Practice, 3:30–5:30 PM



VOLLEYBALL

Monday, Tuesday, Wednesday: Practice, 6:30–8:30 PM
Friday: Open Gym, 6:00–8:00 PM

ATTENDANCE

Please email Ms. Du Plessis for attendance matters
splessis@saintmichaelhs.org

Name: _____ **Date:**_____

SAT Mini Guide #3 – All Students

Use this practice guide to become more familiar with the types of questions you may encounter on the SAT. These questions are slightly more challenging than the previous mini guide and require you to pay close attention to details, relationships between ideas, and mathematical reasoning. As you work, pay attention not only to the questions you answer correctly but also to the questions that require you to slow down or review a concept. Regular practice with a variety of SAT-style questions can help you become more confident and prepared for test day.

SAT Reading & Writing

1. Main Idea

Researchers studying urban trees have found that trees can provide benefits beyond simply improving the appearance of a city. Trees can lower surrounding temperatures by providing shade, reduce stormwater runoff by absorbing rainfall, and improve air quality by filtering certain pollutants. Because of these benefits, many cities have begun incorporating tree-planting programs into their plans for managing urban environments.

Which choice best states the main idea of the text?

A. Urban trees are primarily planted to make cities more attractive.
B. Trees can provide several environmental benefits that have led cities to expand tree-planting programs.
C. Cities have recently discovered that trees can survive in areas with little rainfall.
D. Researchers believe that reducing stormwater runoff is the most important benefit of urban trees.

2. Vocabulary in Context

Although the two experiments appeared similar at first, the researchers noticed a **subtle** difference in the way the participants responded to each test.

As used in the text, **"subtle"** most nearly means:

A. obvious B. complicated C. slight D. unusual

3. Grammar

The school introduced a new recycling program this year, **which encourages students to separate paper, plastic, and aluminum from other waste.**

Which choice best maintains the conventions of Standard English?

A. NO CHANGE
B. encouraging students to separate paper, plastic, and aluminum from other waste.
C. and it encourages students to separate paper, plastic, and aluminum from other waste.
D. that encourages students to separate paper, plastic, and aluminum from other waste.

4. Transitions

Many people assume that taking notes by hand is always more effective than typing notes on a computer. _____, some research suggests that the effectiveness of either method depends partly on how actively students process the information while taking notes.

Which choice completes the text with the most logical transition?

A. In contrast, B. For instance, C. As a result, D. Likewise,

5. Rhetorical Synthesis

A student has taken the following notes:

- The monarch butterfly migrates thousands of miles each year.
- Some monarchs travel from the United States and Canada to central Mexico.
- Monarchs use environmental cues, including the position of the sun, to help navigate.
- Scientists continue to study how monarchs complete such long migrations.

The student wants to emphasize **the remarkable distance monarch butterflies travel**.

Which choice most effectively uses the notes to accomplish this goal?

A. Scientists continue to investigate how monarch butterflies navigate during migration.

B. Monarch butterflies use several environmental cues, including the position of the sun, to navigate.

C. Some monarch butterflies travel thousands of miles between the United States and Canada and their wintering grounds in central Mexico.

D. Monarch butterflies are among the many species that migrate seasonally.

6. Data Interpretation

A science class measured the growth of three groups of plants over four weeks. Each group received a different amount of fertilizer.

Fertilizer per Week	Average Growth
0 grams	4.2 cm
5 grams	6.8 cm
10 grams	8.1 cm
15 grams	8.4 cm

Which choice is best supported by the data?

A. Increasing fertilizer from 0 to 15 grams increased plant growth by exactly 100%.

B. Plants receiving 15 grams of fertilizer grew less than plants receiving 10 grams.

C. Increasing fertilizer from 10 to 15 grams resulted in a smaller increase in growth than increasing it from 5 to 10 grams.

D. Plants receiving 5 grams of fertilizer grew more than twice as much as plants receiving no fertilizer.

SAT Math

7. Linear Equations

A school sold tickets to a fundraiser for $15 each. The school also received a one-time donation of $250. If the total amount raised was $1,450, which equation can be used to determine the number of tickets, x, that were sold?

A. $15x = 1,450 + 250$ B. $15x + 250 = 1,450$ C. $250x + 15 = 1,450$ D. $15(x + 250) = 1,450$

8. Percent Increase

A school club had 40 members at the beginning of the year. By the end of the year, membership had increased to 52 students.

What was the percent increase in membership?

A. 12% B. 20% C. 23% D. 30%

9. Systems of Equations

At a school event, adult tickets cost $10 and student tickets cost $6. A total of 32 tickets were sold for $248.

If x represents the number of adult tickets and y represents the number of student tickets, which system of equations represents the situation?

A. $x + y = 32$ $10x + 6y = 248$

B. $x + y = 248$ $10x + 6y = 32$
C. $10x + 6y = 32$ $x + y = 248$
D. $x - y = 32$ $10x - 6y = 248$

10. Quadratics

The equation

$x^2 - 7x + 12 = 0$

has two solutions. What is the sum of the two solutions?

A. 3 B. 4 C. 7 D. 12

11. Geometry

A rectangular garden has a length that is 4 feet greater than its width. The area of the garden is 96 square feet.

What is the width of the garden?

A. 6 feet B. 8 feet C. 10 feet D. 12 feet

12. Ratios and Proportions

A recipe requires 2.5 cups of flour to make 8 servings. A chef wants to make 20 servings using the same recipe.

How many cups of flour are needed?

A. 5 cups B. 6.25 cups C. 7.5 cups D. 8 cups

Mondays, Wednesdays, and Fridays. Starting September 9th.

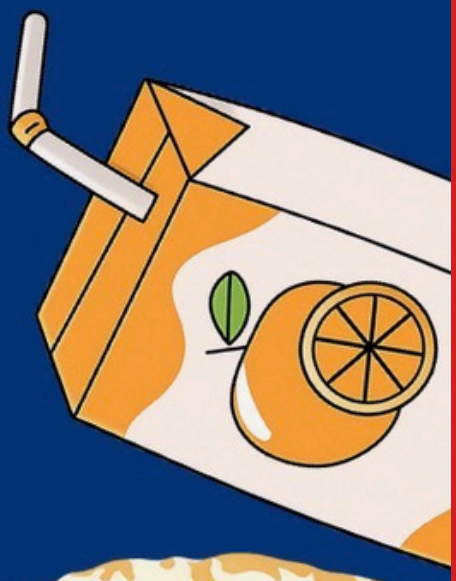
SAINT MICHAEL THE ARCHANGEL CATHOLIC

SNACK CART!

All items $5 and below!

Fuel Before School

BREAKFAST



Tuesdays and Thursdays

7:30am-7:55am

All items $5 and below!

You are cordially invited to Saint Michael the Archangel Catholic High School's

20TH ANNIVERSARY GALA & SILENT AUCTION

SEPTEMBER 26TH

6 PM - 10 PM

Dress code: cocktail/buisness formal

Join us for an unforgettable evening featuring dinner, dancing, and a silent auction as we celebrate two decades of faith, formation, and future leaders while supporting the next chapter of Saint Michael's growth and success.

www.saintmichaelhs.org/gala

6301 Campus Drive
Fredericksburg, VA 22407

Saint Michael the Archangel Catholic High School

October – SAT & PSAT Testing Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
28 – A Day	29 – B Day	30 – A Day	1 – B Day **Warrior Block:** SAT Prep 12th & 11th grade	2 – A Day
5 – B Day	6 – A Day	7 – B Day **Warrior Block:** SAT Prep 12th & 11th grade	8 – A Day	9 - B Day
12 **Teacher Workday**	13 – A Day **School Day SAT 8am**	14 – B Day **National PSAT 8am**	15 – A Day **Make Ups**	16 – B Day
19	20	21	22	23
26	27	28	29	30

SAT/PSAT Staff

- Emily Baker – Test Coordinator
- Tina Bruggeman – Test Registrar
- Tina Bruggeman – Technology Coordinator
- Niki Swann – Proctor
- Angela Payne – Proctor
- Steve Sinnott – Proctor (backup if needed)
- Ben Funny – Hallway Monitor

Tuesday October 13th – SAT Students in room 105 at 8am with Ms. Swann

Wednesday October 14th- Students split in room 105 & room 102 testing at 8am